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FOCUS: COMMUNITY DEVELOPMENT

Community Development Initiative Begins

bow can one change a community for the better? It doesn't happen overnight. Nor does it happen by accident. Nor does it happen through the leadership of one person.

Effective community development happens through a series of deliberate steps. First, people have to be willing to come together and agree upon what their community's challenges are. Then they must collaboratively decide how to solve the problems. Lastly, community members must have the optimism, determination and ability to get the job done.

"Strong organizations make strong communities."

Dianne Williams, community consultant Little Rock, AR The Rapides Foundation wants to help jumpstart this community development process throughout Central Louisiana by helping people gain leadership and management skills. The long-term goal is to create and support a community development infrastructure as the primary vehicle for citizen involvement to improve the health and well-being of area residents. To begin this ambitious effort, two years ago the Foundation commissioned a comprehensive study of existing community development and training activity.

Conducted by Dianne Williams, a community development consultant from Little Rock, Arkansas, the study included interviews and focus groups that grew to include more than 165 people from Central Louisiana. "When I did the initial research, I was struck by the enthusiasm and commitment of the people to their communities," said Williams. "Cenla residents have a tradition of using their skills and gifts in support of community activities."

Williams also found that people wanted and needed training and assistance to make their

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Community building is not





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communities better. In response, the Foundation has developed a multi-pronged strategy to help communities with development programs. Key components include a yearlong leadership development program, on-site community builders training sessions, the first of which was grant-writing workshops, as well as nonprofit management seminars and skill building seminars for teams of people from local community development corporations. Already underway is the leadership training program, called "Leadership for a Healthy Cenla." Representatives from each of the 11 parishes in the Foundation's service area are participating in this 12-month program, which began in December.

Participants meet every other month to learn leadership skills, gain knowledge about issues of health and well-being, and develop relationships with other participants. Training topics include community development strategies, leadership styles, communication, presentation skills, community resource development, team building and conflict resolution.

Another facet of the Community Development Initiative is a Nonprofit

Management Program. This comprehensive six-month program features monthly one-day workshops for nonprofit managers, supervisors and board members in Rapides Parish. "The ultimate goal of this particular program is to build the capacity of our existing nonprofit organizations in Rapides Parish," explained Rapides Foundation President and CEO Joe Rosier, "so they are better able to address the challenges of improving the quality of life in our community."

Joining the Foundation as co-sponsors of this program are Louisiana State University at Alexandria and Louisiana State University in Shreveport, which offers a nonprofit studies curriculum. Topics being covered in the workshops are financial management, board recruitment and development, advanced resource development, collaboration, strategic planning and program development.

Regionally and nationally recognized instructors are leading the sessions. The Foundation is underwriting the cost of the Nonprofit Management Program, with a minimal fee charged to the participants. Grantseeking seminars, another program of the Foundation's Community Development Initiative, were conducted from August through November in eleven Central Louisiana communities, with enthusiastic response from participants. "I have really been pleased with how the initiative is developing," said Williams. "The response to everything has been wonderful. People are coming to these workshops with open minds and hearts."

a job, it's a calling By: Julie Owens

As part of the Foundation's Community Development Initiative, during the past eight months we've held grantseeking workshops throughout our service area. More than 150 people participated in these sessions, learning some valuable lessons about community development. The Foundation recruited Julie Owens, with Nonprofit Resources in Little Rock, to teach these seminars. Ms. Owens found people eager for information about how to make their communities the best that they can be. Julie shares her experiences in Cenla.

Receiving the final approval from The Rapides Foundation to begin our work in Central Louisiana brought mixed emotions to our staff at Nonprofit Resources. We were excited at the opportunity to expand our community building work beyond Arkansas' borders but knew we would surely face challenges.

Needless to say both our staff and board are pleased that we were selected to do this work, which has been so rewarding for Nonprofit Resources and our trainers. As trainers we are constantly learning from others and as human beings we certainly receive more than we give.

The Arkansas Champion Network, our community building project in Arkansas, is made up of community-based organizations. Many have been operating for 15 or more years.



Julie Owens, Nonprofit Resources in Little Rock

The folks in many of the small, rural communities in Central Louisiana are just beginning to get organized. But, you know I learned that the people are the same. People in Central Louisiana are proud of their communities and are committed to making them stronger. These people are willing to work hard to build stronger communities and are hungry for knowledge to help them accomplish the task.

The Rapides Foundation has a long term commitment to helping the people of Central Louisiana make a difference in their rural communities. You might say that the Foundation is committed (continued on page 7)

The Rapides Foundation is a philanthropic organization that provides grants to organizations throughout an 11 parish service area that share the foundation's mission to improve the health and well-being of Central Louisiana.



The Rapides Foundation www.rapidesfoundation.org



Community Development



Good Leaders Build Good Communities

Gerald Roberts, county agent for The Louisiana Cooperative Extension Service in Evangeline Parish

see this as an opportunity to learn how to motivate people to come together as a unit to address problems," explained Gerald Roberts of Ville Platte, a participant in the Rapides Foundation's "Leadership for a Healthy Cenla," program. Roberts is a county agent with the Louisiana Cooperative Extension Service in Evangeline Parish. Through his job and his volunteer work, he has steadily been drawn

"I realize that the more I know and understand about leadership and organizational skills, the more effective I will be in addressing problems in our community." Gerald Roberts of Ville Platte

into community development activities and is enthusiastic about the good that can come out of such work. Roberts is president of the Boys and Girls Club of Ville Platte and has been active with the United Way and programs affiliated with Southern University focusing on teen issues and faith-based community development.

The Foundation's leadership training program, Roberts believes, can strengthen his abilities to address problems he cares deeply about, ranging from social services for youth and the elderly to economic development. "I realize that the more I know and understand about leadership and organizational skills, the more effective I will be in addressing problems in our community," he said.

Community improvement is also on the mind of B.R. Audirsch, a Winnfield small business owner who serves as president of the Winn Parish School Board. He too is participating in the Foundation's leadership training program. "These sessions will allow us to share ideas with one another, and learn from the experts being brought in," he said. The motivation for attending the classes, added Audirsch, should be to answer the question, "What can we do for our towns and parishes?" not "what can they do for me?" Audirsch, who owns Sportsman's Trading Company in Winnfield, believes Winn Parish needs to become more self-sufficient, offering a varied job market. "Our community is not really diversified in ways to make a living; our jobs are very much forest industry-related. Id like to see us be able to offer more employment opportunities for our young people to keep them here."



B.R. Audirsch, president of the Winn Parish School Board



Stacey Debevec, executive director of the Pediatric Therapy Center in Alexandria

Hope Development Center in Alexandria is still a fairly young nonprofit organization, and its director, the Rev. Freddie Banks, wants to do all he can to ensure its long-term viability.

By participating in the Rapides Foundation's Nonprofit Management Program, he believes he can gain needed training and "broaden the spectrum" of resources available to help his innovative neighborhood resource center. The program, which began in January, consists of six monthly training sessions for nonprofit staffers and board members in Rapides Parish.

"It's going to help us greatly to be a part of this program," said Rev. Banks. "There have been some outstanding ideas presented. The Foundation ought to be congratulated for helping prepare people in this community for nonprofit work." He added that he is particularly interested in workshop sessions dealing with long-term strategic planning, fund-raising and publicity. Moreover, the Foundation program is helping bring local people together to share ideas among themselves, said Rev. Banks.

Fostering friendships with other nonprofits is also important to Stacey Debevec, executive director of the Pediatric Therapy Center in Alexandria. Like Rev. Banks, she runs a new agency and shares his interest

> Rev. Freddie Banks, director of the Hope Development Center in Alexandria

Nonprofit Management Program Aims to Enhance Skills

in learning all she can from both peers and experts. "Educational opportunities are invaluable to those of us who are relatively new to the nonprofit arena, such as myself," said Debevec." Ifeel this program will provide an excellent means of gaining the latest information from top experts on key management issues, as well as an opportunity to build relationships with other nonprofits in the community.

"Ibelieve this latter is crucial. Not only does it allow for us to support each other in our efforts, but it provides for an integrated community system that is better able to meet the needs of the whole community," she added. "I am extremely grateful for the opportunity to partake in these workshops and gain much-needed information that will hopefully serve to improve our organization's overall success."



Community Development

Seminars Teach Basics of Grantseeking



Renee Moses, administrative secretary Natchitoches Council on Aging

A series of seminars sponsored by the Rapides Foundation last fall gave more than 150 residents from several Cenla parishes a clearer understanding of what it takes to write a quality, fundable grant proposal.

The basics of grant proposal development and writing were presented by consultants from Nonprofit Resources of Little Rock, Ark., to groups in Oberlin/Kinder, Oakdale, Alexandria, Bunkie, Marksville, Leesville, Natchitoches, Winnfield, Jena, Jonesville and Ferriday.

The objectives of the seminars were to build participants' skills, increase understanding of the Foundation's priorities,

guidelines and programs, and encourage interest in future seminars on nonprofit governance, management and resource development, explained Julie Owens, assistant director of Nonprofit Resources.

"We found the people who attended these seminars to be so committed to the work they are doing," she said." By learning more about what a strong

"It was very good. They showed us how to pool our resources and work together on our ideas."

> **Rev. Wilmore J. Long Catahoula Parish**

nonprofit organization looks like and how grants can fit into their plans, they can ultimately increase their effectiveness in their communities."

The Foundation hosted the seminars within the participants' communities, to make it more convenient to attend. "These seminars have been an effective way to deliver information about grant development and preparation directly to the communities in our service area," said Joe Rosier, president and CEO of the Rapides Foundation.

The Foundation will likely conduct more intensive, two-day grantseeking seminars this spring and in the fall, said Ms. Owens. Regional, capacitybuilding seminars for nonprofit agencies, concentrating upon participants who previously attended grantseeking seminars, are also being considered.

People who have participated in the seminars say they gained valuable training, and are hungry for more. That's the gist of Renee Moses' enthusiastic message; she not only attended, but also effectively coordinated the Foundation's October seminar in Natchitoches. In her role as administrative secretary with the Natchitoches Council on Aging, Moses recognizes how important grant-writing is to

> nonprofits. So she was eager to learn all she could when the Rapides Foundation contacted her about helping with the local grantseeking training session.

> "I had watched my boss write grants, and I really wanted to be able to help her, but it was unfamiliar waters to me," she said." Now I feel confident I can jump in and help her."

The program, she said, was "wonderful," teaching her details about grant-writing she had not

previously understood. For instance, she learned how important a good opening statement is in a grant application. Additionally, Moses said, it's essential to "go out into the community, talk to people and find out what they want. You need to be able to show how your program is going to enhance the community, or it's a lost cause.



Wilmore J. Long, pastor of Evergreen Baptist Church in the Archie community

Basics of grantseeking (continued)

"You need to make sure your program offers something more than what already exists." She added that it is also important that grantseekers "have a certain mindset, to really be passionate about what they are doing" to be successful in writing and obtaining grants. Moses noted that participants in the Natchitoches seminar were very pleased with the program, and expressed an eagerness for more indepth, follow-up training in the future.

Wilmore J. Long, a minister and community activist in Catahoula Parish, shares Moses' enthusiasm about the Foundation's grantseeking seminar program which brought a day-long seminar to Jonesville last fall. "It was very good. They showed us how to pool our resources and work together on our ideas," he said. Long, pastor of Evergreen Baptist Church in the Archie community, is a member of the Four Rivers Youth and Adult Corporation, a new nonprofit focusing on youth and senior citizen issues in the Jonesville area.

He said the grantseeking program helped him better understand how foundations channel their resources through other nonprofit organizations to assist communities." I learned that most foundations don't fund buildings, but they do fund 'doing something." Rev. Long added that his group also learned they needed to demonstrate their own financial commitment to their project before obtaining a grant.

He is optimistic about the potential for community development in Catahoula Parish, but acknowledges, "We know our work is going to have to be a group effort. We're trying to involve everybody."

Community building (continued from pg 3)

to helping these communities become healthy. The term healthy communities is defined broadly and includes being physically healthy, mentally healthy, economically healthy, and fiscally healthy. As I tell the people who come to the seminars, my work in community building is not a job; it's a calling. I believe that community groups working in collaboration with each other hold the key to building healthy communities.

The subject of our seminars was grantseeking. The first step in grantseeking is to operate your organization in a manner that inspires the confidence of grantmakers. This includes sound policies for personnel and financial management; board development and training; and representation of the constituency you are serving. Have you listened to the community in making plans? Has the community responded by supporting your work with volunteer time and money? In the field of community development grantmaking, collaboration and inclusiveness are more than keywords, they are requirements. If a community is going to grow, all the people and the groups they represent must be a part of that growth. During the seminars, the spirit of collaboration was evident.

A common concern among all the parishes was programs for youth. In Leesville, three people representing three different organizations found that they had the same goals, to build a

"People in Central Louisiana are proud of their communities and are committed to making them stronger."

Julie Owens, Nonprofit Resources in Little Rock

program to keep the youth in the community safe and happy. At the lunch break these folks made a plan to work together. In Bunkie four churches sent representatives and all four of them were primarily interested in learning about programs for youth to provide recreation and tutoring after school. They decided to work together toward this mutual goal.

My co-trainers and I were welcomed in every community and the people we worked with did an impressive job of coordinating the seminars. We held seminars in museums, churches, firehouses, city halls and hotel meeting rooms. Attendance ranged from few to many and totaled 153 people from 102 organizations. We had some of the best food I have eaten in years and my thanks go out to the local caterers and restaurants that took care of us. Participants indicated that their learning expectations were met and expressed an eagerness to be included in future seminars in the Community Building series.

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Grant Update:		
The Rapides Foundation Grants from October-December 2000*		
Ballet Alexandria	\$7,500	1 yr
Development of strategic plan for organization. City Park Players Collaborative performance with the Kuumba Center on	7,885	1 yr
African-American history. Eighth District Association Development Board Pilot project to support church-based home-based student achievement support program.	10,000	1 yr
LaSalle Arts Council	10,000	1 yr
Parish-wide cultural assessment. Prevent Child Abuse Louisiana Development and training for staff on Nurturing Model of	6,583	1 yr
parental support. READ Pilot program working with adult literacy for Head Start parents	8,000	1 yr
in Allen Parish. Southern Mutual Help Association Development of strategic plan for affordable housing promotion	10,000	1 yr
in Avoyelles and Evangeline Parishes. University of Louisiana at Lafayette School of Nursing Pilot church-based health promotion program in Evangeline parish.	10,000	1 yr

*Multi-year Initiative and Responsive grants were not scheduled for consideration during the 4th quarter.

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Leadership for A Healthy Cenla Participants

Allen Parish Adagria Haddock Allen Parish Tourist Commission Oberlin

Rev. Wiley Shaw, Jr. Bread of Life Christian Center Oakdale

Avoyelles Parish Linda L. Bordelon Tunica-Biloxi Tribe of Louisiana Marksville

Lem Thomas, III Bunkie Community Development Corporation Bunkie

Catahoula Parish Dr. Billy W. Edwards Louisiana Baptist Convention Jonesville

Susie Swayze Supervisor, School Food Service Catahoula Parish School Board Harrisonburg

Concordia Parish Rev. Alex Promise Administrative Assistant to the Mayor Ferriday

Windell Millicks Concord Youth & Adult Community Association Vidalia

Evangeline Parish Gerald Roberts Louisiana Cooperative Extension Service Ville Platte

Grant Parish Joyce Hamilton North CentraLa Community Action Agency Colfax Chawn Texada, R.N. School Nurse Grant Parish School Board Pollock

LaSalle Parish Dawn Stott Town Clerk Olla

Joyce Willis CenturyTel Jena

Natchitoches Parish Loletta Wynder Natchitoches Parish Council on Aging Natchitoches

Rapides Parish Jayne Heath CHRISTUS St. Frances Cabrini Hospital Alexandria

Shirley Wade Communities Collaborating for Economic Development Cheneyville

Vernon Parish Rev. Clennon Turner Mt. Olive Baptist Church Leesville

Betty Westerchil Northwestern State University, Leesville/Fort Polk Vernon Parish School Board Member Leesville

Winn Parish B.R. Audirsch The Sportsman's Trading Company Winnfield

Ethel Howell Principal - Winnfield Kindergarten School Winnfield

Nonprofit Management Program Participants

Rapides Parish

Freddie Banks, First Union Development Corporation

Randall Bernhard, Arts Council of Central Louisiana

Sandra Bolton, Goodwill Industries

Lauren Chatelain, Volunteers of America

Sister Mary Coleman, St. Mary's Residential Training School

Stacey Debevec, Pediatric Therapy Center

Anne Giffin, T.R.E.E. House Museum

Rochelle Hall, Volunteers of America

Patricia Hilton, Rapides Children's Advocacy Center and CASA Program

Connie Jones, Boys and Girls Clubs of Central Louisiana

Jennifer McDowell, Steps to Success

Julie Morris, Friendship House Adult Day Services, Inc.

Gloria Phillips, Walk By Faith, Inc.

Donald Powell, Southern Forest Heritage Museum

Wendy Roy, Cenla Medication Access Program (CMAP)

Jannease Seastrunk, The Shepherd Center

Robert Tillie, Renaissance Home for Youth

Ann Wilson, Keep Cenla Beautiful / Cenla Pride

Sharon Womack, Central Louisiana Area Health Education Center (AHEC)

Norman Youngblood, Victory Life Fellowship, Inc.

Grantseeking Seminars Participants

Allen Parish Betty Davis Cecilia Johnson Ann McCleon Carlton McKee Dianne McKee Carol Slaney Ruth Solomon Myra Wright

Avoyelles Parish Stella Anderson Steward Aymond **Clyde Ann Bacon** Vern E. Bacon Lemuel Bassett **Dorothy Bazile** George Bazile **Don Clepton Bruce Coulon** Marvin Crawford **Teresa Daigrepont** Sherman Dixon, III **Stephanie Dixon Cheryl Eggins** Lucins Eggins **Beverly Freeman** John Gagnard **Rosemary Gremillion** Janet Gros **Rev. Greg Jackson** Kenesha Johnson **Altoinette Jones** Jeff D. Keys **Charles Lemoine** Eric Lemoine **Connie Normund** Joyce Prier **Christine Robichaux** Isabella Scott **Ester Scott-Bazile Thomas Smith** Lem Thomas. Linda Thomas Mack Villemarette **Betty Washington**

Evelyn Williams Bertha Wilson

Catahoula Parish **Bessie Barber** Vanessa Branch Josie Bullitts Arthur Collins **Ralph Collins Dr. Billy Edwards** Hiram Evans, Jr. **Darlene Hatten** Linda King Wilmore J. Long Sonny Manning W.W. Martin, Sr. Woodrow Martin, Sr. Sue Redmon **Curtis Shavers** Sharon Stevenson **Benny Vault** Vinetta Vault **Dorothy Wilkerson** Sam Wilkerson

Concordia Parish Sammy Davis, Jr. Willie Dunbar Ann Harris Bertha Matthews-Jackson Lois Matthews-Jackson Brenda Moore Jonteel Morales Alex Promise Susan Rabb Emerson Slain Troy Thomas George Webb Josephine Webster

LaSalle Parish Vickie Bass Andrea Book Hazel Corley Polly Duncan Kathryn Floyd Carol Jackson Laverne Paul Mary D. Paul Doris Price Angela Smith Brenda Smith Robbie Smith Kelly Thompson Gayla Warren

Natchitoches Parish Anicia Banks Ivan Bearden Jennifer Carle Marvis Chance Juanita Flower **Connie Hail** Sharon Harris **Gail Jones Bernice Longino** Lamar McGaskey Melanie McGill Mary Means **Renee Moses** Jacqueline Page Pam Rambin Sadie Sawyer Patricia Taylor **Robert Terry Emma Williams** Loletta Wynder

Rapides Parish Robert Ada David Brook Ouida Gibson Margie Harris Bettye Jones Tammy Lloid Winnie Marshall Walter McClatchey Marilyn McCree Mary Ann Reddock Shirley Wade Robert Williams Susan Williams



Vera Williams NaKia Noel Wilson JoAnn Woods

Winn Parish Cleotha Amos **Rosalind Amos** Jan Anyan **Kiah Beville** Wendy Carpenter Emily Davis **Buddy Heard** Ty James Brenda Johnson **Rev. Jerry Johnson Russell Joker Barbara** Jones **Carolyn Phillips Ashley Shelton Teresa** Thornton Angela Wells Lawerence White Peggy Wood Vernon Parish Joyce Augustine **Amy Blevins** Theresa Chalette John Crook Joy Cryer Gene Davis Neil Early Lorenzo Garner Phillip Gunn **Connie Hale**

Vernon Parish Joyce Augustine Amy Blevins Theresa Chalette John Crook Joy Cryer Gene Davis Neil Early Lorenzo Garner Phillip Gunn Connie Hale Debbie Hanchey Bridget Huie Jennie Leon LaVean Marze Kimaron Moore Frances Serna Deana Shaftstall LeRoy Stokes Rev. Clennon Turner Betty Westerchil Patricia Williams